



MONEYHEALTH SOLUTIONS®

Derek Hagen is a financial behavior expert and founder of Money Health Solutions. Money Health Solutions is a financial therapy firm based outside of Minneapolis, MN, serving clients nationwide.

Derek supports financial health, financial behavior change, and money mindfulness by helping clients understand and change their beliefs and behaviors around money.

He writes about the psychology of money using personal stories and simple drawings on the Money Health blog and newsletter. He speaks to audiences about the intersection of money and psychology, financial behaviors, and behavioral finance.

Derek earned a Graduate Certificate in financial psychology and behavioral finance at Creighton University and a Bachelor of Arts in economics (Summa Cum Laude) from Minnesota State University Moorhead. He holds several professional designations, including the CERTIFIED FINANCIAL PLANNER™, Certified Financial Behavior Specialist®, Certified Financial Therapist-ITM, and Chartered Financial Analyst designations.

Interview Topics:

- Money Mindset
- Money Conversations
- Financial Habits
- Money and Happiness
- Money Mindfulness
- Money Stories and Money History

Sample Questions:

- "Why do we hate talking about money so much?"
- "What does money mindfulness mean?"
- "How does our inner critic influence us and our financial decisions?"
- "Why are money fights so intense?"
- "How can we better communicate about money?"

Featured In:



Derek Hagen

CFP®, FBS®, CFT-ITM, CFA

Simplifying money matters and easing financial worry.



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